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**August • 2017**

**Issue 6  
41st Year**

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Director	Steve Swann
Director	Frank St. Peter
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Chairperson	Ron Short
Vice Chairperson	Cheryl Taylor
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Secretary	Barb Pylinski
Sub Committee	Sue Toner
Sub Committee	Maureen Shannon
Sub Committee	Sue Bailey

## Events

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Ball Room Dancing.....	Roy Cowdry (Golden Crest)
Bingo Committee.....	Maureen Shannon, Marilyn McKay, Paula Bunevith
Bowling.....	John Cobb
Fun Shuffle.....	Charles Nadjiwon
Golf.....	Ron Tasior and Ed Richtmyer
Health and Welfare .....	Master of Ceremonies (Coffee Hour)
Indoor Exercise .....	Belinda Sezbenski
Line Dancing.....	Theresa McGrory and Linda St. Peter
Newsletter Editor .....	Sue Bailey
Pool Exercise .....	Marlene Scott and Nancy Baker
Progressive Cards.....	Eleanor and Gerald Saunders
Shuffleboard.....	Ron Short

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## President's Report

By Ray Lamoureux



The fourth of July has already passed as of this writing. The dog days of summer will soon be on us. Georgina and I have been doing some traveling this summer. We went to Maine for a few days and stopped in New Hampshire on our way home. We are planning another trip to the White Mountains in New Hampshire. These short trips are a nice get away for us.

We still have three places for sale in Golden Acres. The sales seem to have slowed down a little this summer. Two other places sold but the buyers were already named before we were told it was up for sale. A lot of the places in Golden Acres are sold by word of mouth.

The budget will be going out in October for the November budget meeting. You should receive them by the second or third week of October.

We hope everyone is having a safe and happy summer.

## From the Editor's Desk

By Sue Bailey - [suebail@tampabay.rr.com](mailto:suebail@tampabay.rr.com)

### Get Ready for the Dog Days of Summer:

Here at Golden Acres we are definitely in the dog days of summer. That hot sultry period of summer when Sirius the dog star rises and sets with the sun between early July and early September. August is the last full month of summer. Most of us at Golden Acres remain indoors unless it's really early in the morning or late in the evening. Although we did get together at the clubhouse on July 5th for our annual Fourth of July Picnic. The food was excellent!

I'm still working on the Welcome New Residents package. It should be completed in August. It's coming along nicely. I have asked Carol Spinney (unit 187) to review it and offer any suggestions to add more content of what new residents need to know.

Many thanks to all of you that provided articles and pictures for this month's newsletter. Inside you will read about our fun filled potluck luncheon, AquaFit Year Round, and our Fourth of July Picnic.

There aren't any national holidays in August for Canada or the USA. Try to stay cool and enjoy your summer.

Until next time,

May God bless and keep you well and safe...



## Greetings from the Office

By Karin Desmone

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No news from the office this month.

## Our Potluck Salad Lunch

By Timmie Strader

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Approximately 30 people came to the salad lunch and everyone seemed to have a good time. We visited with friends, old and new, and tasted many salads. Thanks everyone for bringing salads and staying after to help clean up.

*Editor's Note: Timmie came up with the idea of a "salad lunch" (tossed salad, chicken salad, pasta salad, potato salad, etc.). It was so amazing that everyone brought a dish and there wasn't any duplicates! It was really good!*



Now on a more serious note. I didn't expect to be this sick and there is no way I can explain how much I appreciate everyone's prayers and good wishes. I hope to be better as time goes on. Right now the chemo seems to play havoc on my system. I'm looking forward to the end of those treatments. Again, thanks everyone for helping me get through this, not only the summer functions but me personally. I am very much looking forward to the ice cream social in August.

### REMEMBER

Coffee every Wed. morning at 9 O'clock.



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# August Sudoku

	9			1				
	3					2	7	
6					4			
	2		6	8	7			3
7				3				1
					5		1	
					9	6	4	
		8	2		3			



5	6	7	3	9	2	8	1	4
8	9	6	7	1	5	2	3	4
9	7	6	8	4	5	3	1	2
7	8	5	3	4	2	6	1	9
5	6	3	9	2	1	8	7	4
4	2	1	6	8	7	9	5	3
6	1	7	3	5	2	4	8	9
8	3	5	4	9	6	1	2	7
2	9	4	7	1	8	5	3	6



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# AquaFit Year Round

By Sue Bailey

I have read many articles lately about the benefits of water exercise. Although I dislike exercising in general, I decided to start this summer with a simple exercise of treading water in the deep end of our pool for a half hour. I've read that the constant resistance of water makes for a good workout and treading water uses many muscles in your body. In addition I received the benefit of cooling off in the hot summer weather of Florida (only when there isn't a danger of thunder and lightning). I was so pleased with myself that I was able to do this, that the next day I decided to do it again. When I woke up on day 3, I could hardly move. Every muscle in my body ached and I thought that I was coming down with the flu. Then it dawned on me that I probably over did the length of time that I was treading water since in the water there is no pain. Silly me, I should have started out with about 10 to 15 minutes and worked my way up from there or alternated days so that my body had a chance to rest or both. So keep this in mind when you start an exercise regime in the water.

I have also read that exercising in water reduces the impact of land exercises. Water Aerobic classes are ideal for people with arthritis, back issues, knee problems, or foot and leg issues. Water workouts can relax sore muscles, increase range of motion, provide a cool cardio workout, build your endurance, and improve balance. You don't have to be an experienced swimmer, in fact you don't need to know how to swim in order to perform water exercises. Just take your workout to the shallow end or wear a flotation device in the deep end. Noodles are provided at our pool if you need to support your upper body while performing exercises such as bicycling or moving you legs in a jogging motion.

Our own AquaFit Instructors, Marlene Scott and Nancy Baker, are here in the winter and give instructions for water aerobics three times a week. Come and join them and see for yourself what benefits can be derived from this type of exercise.





## Summer Recreation Program

*Hosted by the Summer Fun Ladies: Timmie, Cindy, and Donna*

**H**i, this is Donna Delf checking in for the month of July Summer Fun held in Golden Acres. It's been very hot here, a lot of us using the pool. We had our annual 4th of July picnic on the 5th of July. There was a great attendance of 40 people who came to our feast. We served pulled pork, baked beans, potato salad, coleslaw, four different jello salads, pasta salad, fresh made lemon meringue pie, key lime pie, homemade fudge and of course watermelon. Everyone hung around and visited after the meal until 2pm. A great time was had by everyone! Since Timmie Strader's birthday was on Saturday, we had a birthday cake for her and sang Happy Birthday.

Norma Miller is doing well with her treatment in Chicago, she gives her love and misses everyone.

The end of July 29th, there will be Movie night starting at 4pm with burgers and condiments, chips, drinks (ice tea, lemonade, water).

The month of August will be Bingo at 2pm on August 16th, Ice cream social at 2pm on August 23rd. Signing off from Golden Acres Summer Fun, Donna Delf.





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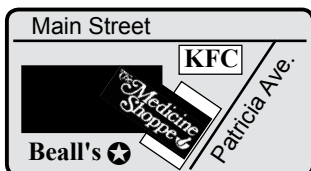
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## Soldiers to Remember

Please take a moment to offer a prayer of thanks and remembrance to all those who help to protect our way of life. Keep them in your prayers until they return safely to their loved ones.

Jim Beulow (Navy Seal) friend of Ray and Mina Krumsieg, Lot #60.  
Joshua L. Buzzard (Army Ranger) Grandson of Ron and Marsha Baylor, Lot #196.  
Adam Coburn (British Army) serving in Afghanistan, Nephew of Mildred and David Todd, Lot #2.  
Justin T. Drescher (Sgt. USMC), serving in Afghanistan, Grandson of Marie Looby Danielle, Lot #170.  
Damien Fitzpatrick (Staff Sgt. USAF) Grandson of Judith Fitzpatrick, Lot #87.  
Eric Fitzpatrick (PFC US Army) Grandson of Judith Fitzpatrick, Lot #87.  
Sean Fitzpatrick (Company Commander US Army) Grandson of Judith Fitzpatrick, Lot #87.  
Michael Gerathy (US Army) son-in-law of Debra and Steve Pollard, Lot #221.  
John Grutzmacher (Master Sgt. USAF) Nephew of Ray and Mina Krumsieg, Lot #60.  
Daniel Jones (US Navy) Grandson of Carol and Henry Diniz, Lot #25.  
Matthew Jones (US Navy) Grandson of Carol and Henry Diniz, Lot #25.  
“Scottie” – close friend of Mina and Ray Krumsieg, Lot #60.  
Brian J. Stanfa (USAF) Grandson of Joe and Lois Stanfa, Lot #96.  
Stanley Sweeny (US Army) Nephew of Ruth Marino, Lot #225.  
John Wilson (PFC 1st Class USMC) Iraq – Grandson of Jean Key, Lot #138.  
Ryan Wittenauer (PFC US Army) stationed in South Korea, Nephew of Karen and Bill Obermark, Lot #125.

So that we might get to know these courageous soldiers better, I would like to add their pictures to this section. Please forward any photos to Sue Bailey [suebail@tampabay.rr.com](mailto:suebail@tampabay.rr.com)

For changes to the list of soldiers, please contact Sue Bailey [suebail@tampabay.rr.com](mailto:suebail@tampabay.rr.com)







# **Birthdays and Anniversaries**

*By Norma Moore*

## **Golden Acres August Birthdays**

We want to mention all those who are celebrating this month and send them our very best wishes.

Theresa Quinn	August 5	Rita Delaney	August 20
Gail Callingham	August 6	Eleanor Devine	August 20
Pat Jones	August 7	Paul Preston	August 21
Linda Johnson	August 8	Donna Bramante	August 22
Janet Moose	August 8	Glenda Spafford	August 22
Leigh Herington	August 8	Mary Rita Spooner	August 22
Steven Toner	August 9	Peg Vanbeveren	August 22
Joseph Caramiello	August 10	Roland Gosselin	August 23
Patricia Larson	August 11	Susan Toner	August 25
Dianne Lemon	August 12	Norma Moore	August 26
Paula Bunevith	August 15	Anita Herington	August 26
Donna Outhouse	August 15	Connie Woodlock	August 29
Linda Wittenbols	August 15	Linda St. Peter	August 30
James Schmidtt	August 17	Steve Pollard	August 31
Norma Middlecamp	August 19		

## **Golden Acres August Anniversaries**

Larry and Deborah Douthit	August 4
John and Paule McLaughlin	August 16
George and Margie Paddington	August 17
Craig and Kathy Houston	August 21
Kevin and Christine Rainsforth	August 21
Ron and Gail Tasior	August 21
Joe and Paula Bunevith	August 22
Brian and Mary Rita Spooner	August 24



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Carol Zapiecki, Clearwater, FL

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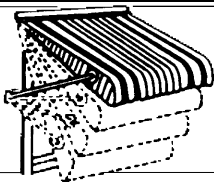
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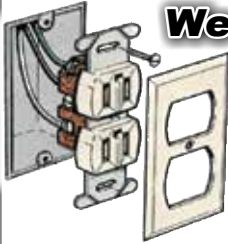
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# AUGUST • 2017

Sunday	Monday	Tuesday
6:30 pm: Cards 6	7	
6:30 pm: Cards 13	14	
6:30 pm: Cards 20	21	
6:30 pm: Cards 27	28	

# Golden Acres

Tuesday	Wednesday	Thursday	Friday	Saturday																																										
1	2 9 am Coffee Hour	3 6:30 pm: Dominos	4 1-3 pm: Cards	5																																										
8	9 9 am Coffee Hour	10 6:30 pm: Dominos	11 1-3 pm: Cards	12																																										
15	16 9 am Coffee Hour 2pm: Bingo	17 6:30 pm: Dominos	18 1-3 pm: Cards	19																																										
22	23 9 am Coffee Hour 2pm: Ice Cream Social	24 6:30 pm: Dominos	25 1-3 pm: Cards	26																																										
29	30 9 am Coffee Hour	31 6:30 pm: Dominos		<div>SEPTEMBER 2017</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr><tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr><tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr><tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr><tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr></table>	S	M	T	W	T	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
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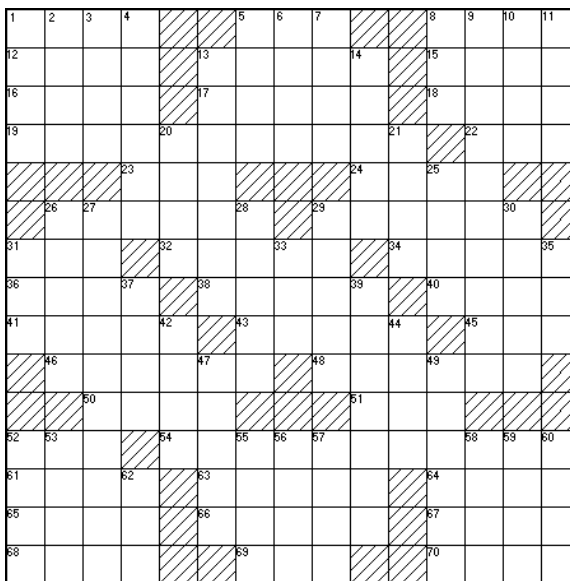
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# AUGUST CROSSWORD

## ACROSS

1. Trees of the genus *Ulmus*
5. Exclamation of surprise
8. Loose sleeveless cloaks
12. Italian greeting
13. Piloted a vehicle
15. Italian city
16. Protagonist
17. Made easier to bear
18. Operatic solo
19. Was larger in number
22. A tribe of Israel
23. Before
24. Female horse
26. A river in the Middle East
29. African desert
31. Gentle toss
32. Labor organization
34. Break open
36. Passport
38. Discarded
40. An indefinite period
41. A valley in France
43. Inheritors
45. Born
46. Increase threefold
48. Drunk (slang)
50. Deviate
51. Seven in Roman numerals
52. A leguminous plant
54. Involving carbon compounds
61. A river in central Europe
63. A poem by Homer
64. Cover with asphalt
65. Possessing the necessary skills
66. Mooch
67. Wicked
68. East Asian unit of weight
69. A potent estrogen
70. Banister



## DOWN

1. Reflected sound
2. Place
3. Marketplace
4. Not later
5. A Semitic people
6. Flexible tube
7. Assert
8. Macaws
9. Marginal
10. Genus of the dogfish
11. Actor \_\_\_\_ Connery
13. Degrades
14. Swelling under the skin
20. A language of Pakistan and India
21. Anagram of "Dash"
25. Wholly absorbed
26. Floor beam
27. Evident
28. Alcove
29. Escargot
30. Directed
31. Fifty-six in Roman numerals
33. Mineral bearing rock
35. T
37. Region
39. Furnish
42. A river in Spain
44. Ketch
47. Words of a song
49. A baby's undies
52. Partially decayed vegetable matter
53. A Tuscan island
55. Pleased
56. Assistant
57. Bother persistently
58. Magma
59. Fifty-seven in Roman numerals
60. Shout
62. Snake-like fish





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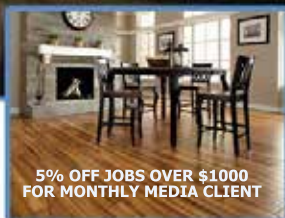
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## Columbus' anchor salvaged from the depths

A team of explorers believe they've discovered an anchor from one of Christopher Columbus' ships in the Caribbean. According to a story on the Fox News website, an analysis of the anchor shows that it dates from somewhere between 1492 and 1550. It weighed 1,200-1,500 pounds and probably belonged to a 300-ton vessel, typical of Columbus' time.

The anchor is believed to come from a fleet of smaller ships called caravels, which included the Pinta. Captained by Vicente Pinzon on one of the "minor voyages" of Columbus' third expedition to the New World, the ship sank in a hurricane near the Turks and Caicos islands in 1500.



In addition to the anchor, the team brought up other artifacts at the shipwreck site, including grappling hooks used for salvaging cargo from shipwrecks, as well as pieces of pottery and an olive jar painted with indigo.

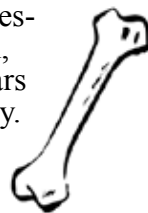
## Scientists create negative mass in the laboratory

Negative mass might sound like something out of science fiction, but physicists have created it in a laboratory. The BBC News website reports that scientists at Washington State University have created a particle composed of negative mass by using lasers to trap atoms of rubidium and then cooling them down to just above absolute zero. This caused the atoms to behave as a superfluid liquid, flowing without losing any energy.

Paradoxically, if you push something with negative mass, it accelerates in your direction, following behavior predicted by quantum mechanics. Scientists expect the technique to help them solve questions about black holes, neutron stars, and dark energy in the cosmos.

## Ancient bone raises modern questions

An artifact unearthed in Crimea may shed new light on our Neanderthal ancestors, according to the Sci-News website. It's a bone fragment from a raven, and it's approximately 38,000 years old. A mere 18 mm long, the bone bears a series of notches that are too evenly spaced to be the result of everyday butchery. Archaeologists believe that two notches on the raven bone could have been made intentionally by Neanderthals to create a pattern meant to be consistent or symbolic. The bone may have worn as a personal ornament, some speculate.





## Traditional books are alive and well

Publishers and traditional readers alike have long been worried about the rise of electronic books as sales of Amazon's Kindle and other devices have grown, but their concerns may have been at least somewhat overblown. New studies suggest that the growth of e-book sales is leveling out—and possibly declining.

According to the Chicago Tribune website, during the first nine months of 2016 e-book sales dropped by 18.7 percent compared with the same period a year earlier. On the other hand, hardcovers, paperbacks, and audiobooks did not suffer a similar decline. In the same time frame, e-books' share of the total market fell to 17.6 percent from 21.7 percent. In addition, sales of hardcover books in 2016 outpaced e-books for the first time in five years.



Don't panic—books don't look like they're being replaced any time soon.

## More Americans taking advantage of technology

The digital revolution continues gaining ground, according to the Pew Research Center. Seventy-seven percent of Americans own a smartphone, a figure that's almost doubled since Pew began tracking smartphone ownership in 2011.



Similarly, broadband access is on an upswing, with home broadband service rising 6 percent in 2016 (after a slight decline from 2013 to 2015). In November 2016, nearly three-quarters (73 percent) of Americans reported having broadband service.

Finally, 69 percent of U.S. adults are using social media, especially young people—86 percent of 18- to 29-year-olds are on at least one social media platform.

## New hope for headache sufferers

Cluster headaches, such as migraines, are rare, but they can cause intense pain to the people (mostly men) who suffer from them.

But there's hope. According to the NBC News website, the Food and Drug Administration has recently approved a device known as the vagus nerve stimulator for treatment of cluster headaches. Sufferers place the small device, named gammaCore, against the neck and send a mild electrical stimulation to the vagus nerve—a large nerve that runs from the brain to the colon. The jolt disrupts signals along the nerve, reducing the pain.

Vagus nerve stimulation is already used to treat ailments such as epilepsy and depression. GammaCore, manufactured by the organization electroCore, is available in Europe, but electroCore plans to begin offering it in the United States later this year.

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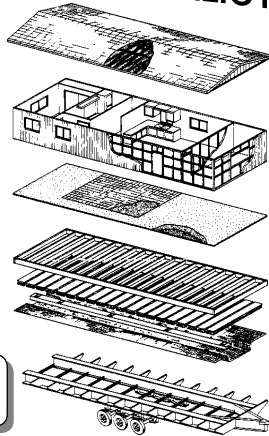
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## Coffee more popular than ever

For more and more people, a morning cup of coffee is part of starting the day off right. According to a National Coffee Drinking Trends consumer survey, the number of Americans drinking coffee daily has increased to 62 percent, up from 57 percent in 2016.



The biggest increase is in the 13-18 age bracket. Their daily coffee habit climbed to 37 percent in 2017, up from 31 percent in 2016. Adults ages 18-24 increased their coffee habit from 48 percent to 50 percent, and 63 percent of adults 25-39 drank more, up from 60 percent.

Sixty-four percent of Americans 40-59 drink a daily cup of joe, up from 53 percent last year. The 60-plus crowd moved to 68 percent in 2017 from 64 percent the previous year.

## Consumers prefer the human touch

Electronic self-service may be the wave of the future for many organizations, but lots of consumers are bucking the trend. The CRM Buyer website reports that researchers surveyed more than 24,000 consumers in 12 countries about customer interactions, and here's what they found:

- Eighty percent prefer customer service from a human instead of an automated system.
- Eighty-three percent say that interacting with a customer service rep is important on the phone or in a store.
  - Sixty-eight percent believe they're more likely to get a better deal when negotiating in person instead of online.
  - Eighteen percent said they would renew products or services because of good personal customer service, even if they were more expensive.



**Mathematics—the unshaken foundation of sciences, and the plentiful fountain of advantage to human affairs.**

**—Isaac Barrow**



## Unclear on the concept

---

A group of managers who had never taken the time to understand the technical aspects of their organization's product line took a tour of their plant. They made several disparaging comments about their manufacturing employees' intelligence until their guide decided to challenge them.



Pointing to a flagpole rising from the floor, the guide gave them a tape measure and challenged them to measure the height of the pole—without using a ladder. The managers all exclaimed how easy that would be and started in. But they couldn't figure out a way to reach to the top of the pole to get an accurate measurement.

Then the guide asked a worker who was walking by on her way to lunch to measure the pole. The woman walked over to the pole and looked at its base. Seeing it was screwed into a stand, she unscrewed the pole, laid it on the floor, and measured it, all in about 30 seconds.

"Ha!" said one of the managers. "That doesn't count. We were supposed to measure the height of the pole, not its length!"

## The wrong assumption?

---

Two experts in business economics were out for a walk and noticed two men in buildings on opposite sides of the street yelling and screaming at each other out of their windows.

After observing the situation, one of the economists said, "I predict they will never find a way to agree and resolve their argument."

"Why not?"

"Because," said the first, "they are arguing from different premises."

## One way to solve a problem

---

A farmer invested his savings in building a pond to raise fish for sale. But after he stocked the pond, he discovered he would soon have a problem. A friend warned him that kids from the nearby town liked to sneak into farmers' ponds to go swimming. The farmer knew they would stir up the muddy bottom and kill off his fish.



One evening the farmer, carrying a pail, went down to the pond. Sure enough, a bunch of young people were getting ready to dive in. They outnumbered the lone farmer and showed no signs of fearing him. In fact, they taunted him and dared him to drive them off. But he simply reached in the pail and started tossing chunks of raw meat into the water.

"What the heck are you doing?" asked the trespassers.  
The farmer shrugged. "Just feeding the alligator."

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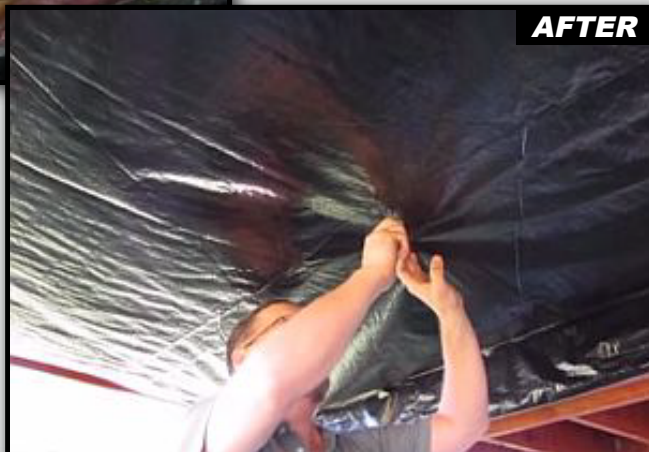
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## These herbs may ease diabetes symptoms

Type 2 diabetes afflicts millions of people around the world. Medication such as insulin can help keep your blood sugar levels stable, but according to the Medical News Today website, these herbs can also have a beneficial affect:



- Aloe vera. Known for its skin care benefits, aloe may also help increase the amount of insulin produced by the pancreas. It can be consumed as juiced pulp added to beverages or as extracts available as supplements.
- Cinnamon. This tasty spice offers many benefits for diabetes patients, including positive results in maintaining appropriate blood sugar and insulin levels as well as decreasing blood pressure. Consult with your doctor before using it as a supplement, though.
- Bitter melon. Used for centuries as a traditional medicine in China and India, the seeds from this melon appear to lower blood sugar levels. It's also effective when its pulp is mixed with water and when consumed as juice.
- Milk thistle. An extract called silymarin from this herb has antioxidant and anti-inflammatory properties, which are beneficial for people with diabetes.
- Fenugreek. The seeds from this herb contain fibers that help slow the digestion of sugar and other carbohydrates. They may also help to lower cholesterol as well.

Always check with your physician before taking any herbs or supplements, of course.

## Tolerance for alcohol? Don't count on it

Think you can handle your booze? Think again. Many heavy social drinkers believe they can build up a tolerance for alcohol that lets them perform routine tasks without loss of coordination, but recent studies suggest that may not be the case.



As reported on the LiveScience website, the Chicago Social Drinking Project, begun in 2004, tracked 155 young adults with an average age of 25 at the time over a period of years. More than 80 percent were heavy drinkers, meaning they had consumed 10-40 drinks per week for two years.

In tests carried out over the years, participants were either given a real drink or a placebo beverage that tasted like alcohol and then were tested on some simple fine-motor tasks. Although heavy drinkers actually improved their scores from previous years on the easier tasks, their performance declined on the more challenging tasks—although they still considered themselves less intoxicated than lighter drinkers.

So be careful. That “tolerance” you’ve built up may be just wishful thinking.

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### ATTENTION RESIDENTS!

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-Monthly Media Staff

## AUGUST AD DEADLINE - JULY 10, 2016

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284.  
• Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

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## Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

**THOUSANDS** manufactured home residents have won over **\$135,000** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or **mail your paid receipt** to us at **Monthly Media • 220 Bahama St. • Venice, FL 34285**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

**(Allow 4-6 weeks for mailing of check). This month's cash winners are:**

Alan Dusseault..... \$100 .....	Underhome Armor	Bert Pattison..... \$5 .....	Battleline Termite & Pest Control, Inc.
Charles Perry..... \$10 .....	Discount & Computer Repairs	Joan Taylor..... \$5 .....	Modern AC & Appliance Service Co
Clifton Haseltine..... \$10 .....	Suncoast Auto & Tire, Inc.	Jeffrey Stringfield..... \$5 .....	Dunedin Plumbing Co.
Charles Parker..... \$10 .....	Rod Runners, Inc.	Marvin Prochaska..... \$5 .....	Kathy's Cleaning Service
Dan Baldassi..... \$10 .....	Ron Wyngarden MH Wash, LLC	Eugene Kerkay..... \$5 .....	Hellers Mobile Home Washing
Stan Dewey..... \$10 .....	Modern AC & Appliance Service	Effie Reed..... \$5 .....	Barrons AC & Appliance Service
Lynn Rasmussen..... \$10 .....	Doll Brothers Carpet Cleaners	Laurie Stockle..... \$5 .....	Boss Electric Corp.
Michelle Smith..... \$10 .....	ASC Aluminum Specialty Contractors	Paul Brown..... \$5 .....	Haseney Electrical Services, Inc.
Ralph Lamontagne..... \$10 .....	E & E Gliddon Air Conditioning, Inc.	Doyce Hayth..... \$5 .....	At Home Floors, Carpets, + Color Tile
Junior Carden..... \$10 .....	Natures Resource Pest Control, Inc.	Elliot Cameron..... \$5 .....	AMS North West
Charlotte Kuropatwa..... \$10 .....	Habitat for Humanity	Genny McCool..... \$5 .....	Imperial Electric Service of Pinellas
Yvonne Erfourth..... \$10 .....	Master Plumbers and Septic Inc.	James Cates..... \$5 .....	Jones & Sons Plumbing, Inc.
Raymond Bachara..... \$10 .....	Recreational Golf Carts LLC	Pat Jackson..... \$5 .....	Recreational Golf Carts LLC
Margaret Cummings..... \$10 .....	Appliance Specialty, Inc	Alfred Cyr..... \$5 .....	Largo Plumbing Co.
Gary Weaver..... \$5 .....	Royal Enterprises	Harold Caldwell..... \$5 .....	Royal Enterprises
Nicholls Maschak..... \$5 .....	Bill the Carpet Guy	Mary Wahl..... \$5 .....	Ron Wyngarden MH Wash, LLC
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Alice Faccenda..... \$5 .....	Florida Anchor & Barrier	Dave Uhlenbrauck..... \$5 .....	Royal Enterprises
Barbara Carpenter..... \$5 .....	Bob's Mobile Home Washing	Donna Savery..... \$5 .....	Sunset Appliance Service
Claudia Dell..... \$5 .....	Haseney Electrical Services, Inc.	James Fay..... \$5 .....	Hellers Mobile Home Washing
Jim Lyness..... \$5 .....	Jones & Sons Plumbing, Inc.	Sheila Pape..... \$5 .....	Barrons AC & Appliance Service
Joe Doyle..... \$5 .....	Heller's Mobile Home Washing	Maryann Maitino..... \$5 .....	Doll Brothers Carpet Cleaners
Mary Schmidt..... \$5 .....	Boss Electric Corp.	Deborah Arntz..... \$5 .....	AMS North West
Heidi Willeford..... \$5 .....	Appliance Specialty, Inc	Jeff Grimm..... \$5 .....	Bob's Appliance Repair

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.

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